

Ferrum Metallicum

Mental/Emotional	Physical	General	Modalities	Aetiologies
Had an iron will, but has become weak	Parts become white (e.g. lips, face, tongue)	Chilly	> gentle motion	Vital losses
Intolerant to contradiction → anger	alternating with Flushing	Obese	> leaning head back	Change – puberty, menses, menopause
Desire for solitude	Anaemia	++ tomatoes, bread & butter	> occupation (temporary amelioration)	Forced to do something against their will
Changeable mood	Hammering headache	++/-- sour things	< stooping	Brought up in a way they don't like
Aversion to activity, but restless and forced to move by pains	Sudden vomiting or diarrhoea (alternating with constipation) – while eating, after midnight	-- eggs, drinks	< night, midnight	
Irritable, rigid, forceful	Incontinence		< rest	
Persevering, struggling	Rheumatic symptoms that move around the body		< raising arms	
Guilt, delusion has committed a crime and will be arrested	Nosebleeds		< eggs, tea, fat, cold drinks	
Dreams of fighting / war	Backache – dragging down, collapsing pain		< conversation	
Family-orientated			< menses	
			< noise	